

The study involved 61,879 high school students from 290 government schools across New South Wales (NSW).

It drew on the NSW Department of Education's annual "Tell Them from Me" (a registered trademark)

Instructional support

Feedback-feedforward and instructional relevance were the instructional factors that were positively linked to students' growth goal setting.

Growth goal setting

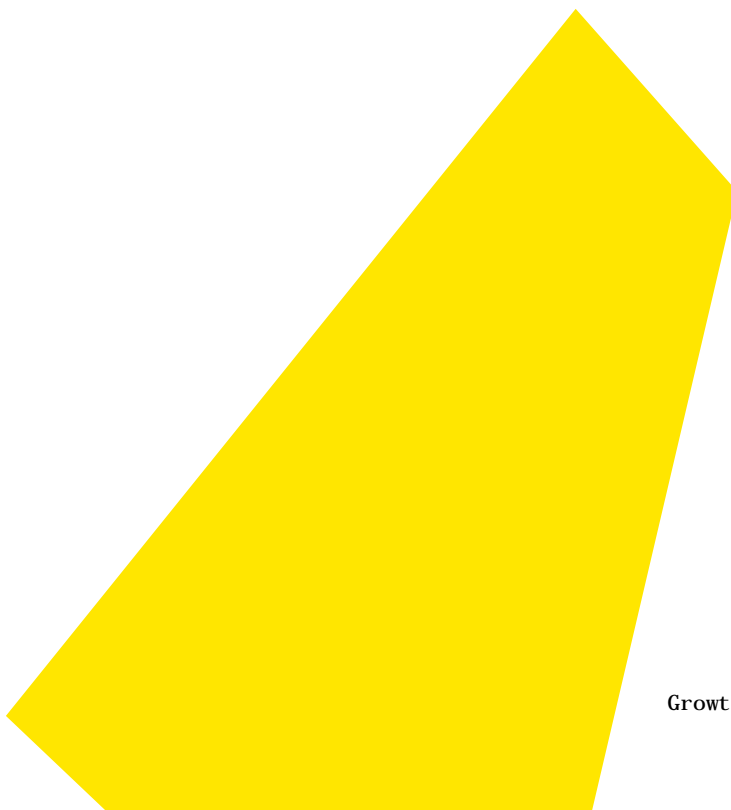
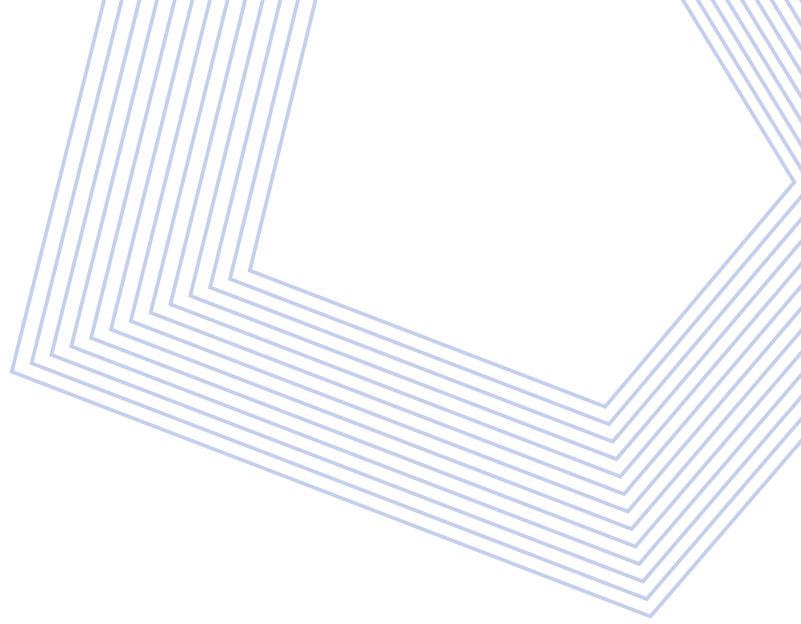
Growth goal setting was associated with gains in students' perseverance, aspirations, and positive homework behaviour.

Academically At-risk Student Groups

Students from low-SES backgrounds and students from low-achieving backgrounds showed higher growth goal setting.

A growth goal setting strategy may be one part of a multifaceted approach to assisting academically disadvantaged students.

Growth goal setting had an especially positive effect for lower achieving students and students from low-SES backgrounds.



U