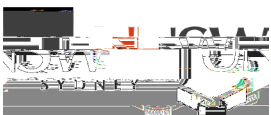


What did we find: Skills for living well and reducing substance use



Recommendations: What does the research tell us we need to do

Invest further in skills and routines that support participation in *paid work*, as this was experienced as most transformative by participants

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Continue to work with young people to develop skills for 'living well'. This is a 'relational' mode of service intervention rather than an individualised biomedical mode.

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