

Tools and Exercises to assist us to acknowledge the privileges we enjoy and to use them wisely

Exercise 2 Identifying our Personal Privilege and Discriminations we might suffer

NB. We are not asking you to share things that may be private or uncomfortable for you to discuss. If you do not want to refer to your personal circumstances, think of someone you know, or a group of peers, and apply it to them.

- a. What inherited privileges do you/they enjoy-
- b.
- c. What discriminations do you/they suffer
- d. How do these impact on you/them?