

Outs&societies at UNSW Matthew Lim

You've just been thrown into a mix of over 40,000 students at UNSW. Feeling the need to belong?

Why not join a club or society? They're a great way to find a network of new friends, participate in social events and be involved with something you are passionate about. With around 250 clubs and societies running at UNSW, you're sure to find one that suits your innermost desires, however strange they may be.

At your selection are theatrical societies, faculty societies, sports clubs, various musical societies and other more interestingly titled examples such as ChocSoc, BeardSoc or SpockSoc. Your best opportunity to see what is available will be during O-Week, when many of the clubs and societies will be set up in stalls along the campus walkways.

Clubs and Societies On Campus (CASOC) is the governing body for clubs and societies and is part of the Student Guild. Matthew Lee is the CASOC Director for 2005. He says the biggest clubs are the 'constituent' clubs that are tied to a faculty - if you are a student of that school you are automatically a member.

The rest of the clubs, which form a majority, cover a broad spectrum of culture, sport, religion, music, theatre and special

interests. The more active popular clubs include cultural clubs such as the Chinese Students' Association (CSA), the Hong Kong Students' Society (HKSS), the Taiwanese Student Association (TSA) and dance clubs such as D²MG and the Salsa Club.

A good club is one that gives back to their members. "It's great that clubs are [financially] sustainable in themselves," says Matthew, "but it is important that they also provide fun and services for their club members."

If you can't find anything to join (how picky can you be?), there's always the option of starting up your own club. To affiliate a new club with CASOC you'll need to find fifteen similarly interested people who are UNSW students, hold an Annual General Meeting, elect nine executives and then submit your request to CASOC. If you're successful then all you need to do is turn up to the fortnightly CASOC meetings and you are officially a club (or society).

The old adage that you only get what you put in holds true; you sure get a lot more out of University life when you get involved in the various clubs and societies, sports, or volunteer programs that are available.

topics such as reading and note taking, essay and report writing, critical thinking, and seminar presentations; Academic English Workshops on grammar, academic vocabulary, pronunciation, conversation, listening skills and academic writing; and individual consultations by appointment with a Writing Assistant who can help you improve your academic writing and give you feedback on your work.

The Learning Centre also provides handouts on the above topics and many more. They are available free of charge from The Learning Centre and can be downloaded from its web site.

UNSW Counselling Service and COMPASS Programs (www counselling.unsw.edu.au)

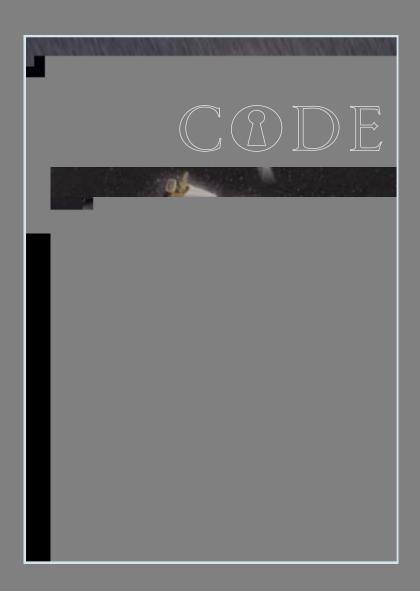
COMPASS is the name given to the programs that the UNSW Counselling Service provides: Counselling, Orientation, Motivational support, Personal skills development, Advisory services for staff, Seminars and workshops and Self Help resources.

COMPASS offers individual counselling, workshops and seminars and self help material. Just some of the things they can help with include: procrastination; relationships; balancing work, study and life; program indecision; and general uneasiness or worries.

To see a COMPASS counsellor, students can drop in during weekdays between 11-12:30pm or schedule an appointment on 9385 5418 M o see ser



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UNSW Snorts



...treadvater vithout using your hands

- 1. Float in the water with your back straight and vertical, your thighs horizontal and your lower legs vertical like you are sitting in a chair. Your legs should be apart and perpendicular to each other.
- 2. Keeping your body and your upper legs still, rotate your feet in circles your left foot moving clockwise and your right foot moving anticlockwise.
- 3. Stabilise yourself by paddling with your hands. With practice you will not have to use your hands at all.

This technique is called (for obvious reasons) the eggbeater and it is useful for more than taking a floating coffee break – It is one of the fundamental skills of water polo.

Like an aquatic version of soccer, water polo is an athletic sport played by two teams who score points by passing an inflatable ball into goals at opposite sides of the field. It has been an Olympic sport since 1900.

Players must be able to perform the eggbeater while catching and throwing a ball one-handed, as well as swim for the duration of a match. A goalkeeper like Lea (pictured) must also be able to lift the top half of their body out of the water to block incoming shots.

Interested?

The UNSW Water Polo Club is the third largest in Australia, having around 250 active members. It has a long history of competitive success, male and female, but it also caters for social players. Beginner's training covers the basic skills of water polo, such as throwing and catching with one hand, as well as the eggbeater. You must already be able to swim.

Training for beginners is held at the UNSW Unigym Pool. Women's sessions are on Thursdays from 7-9pm, men's sessions are on Mondays from 8-9pm. Bring some swimmers and a towel. For more information visit the UNSW Water Polo Club website on www.waterpolo.unsw.edu



You're a university student now. Congratulations. You've been through years of blood, sweat, and tears to get to where you are today and the only thing you can think about right now... is getting your assassments in on time or, getting drunk and partying.

Okay, now that we've separated the socialites from the scholars, heres the lowdown. Socialising and scholary pursuit are often best enjoyed together. Remember balance is the key.

The Roundhouse is located on lower campus. It's where you'll find venues and services like the UniBar, Beams Club Bar, beergardens, Ticketek, arcade games (including Dance Dance revolution; yeah, sure you've never played it, Fred Astaire) and numerous food outlets.

The Roundhouse is also the biggest entertainment venue on campus and has seen nice folks such as Koolism, TZU,

Funktrust, 28 Days, PNAU, James De La Cruz and Yoshi all come in and do their thang in 2004. For those with more exotic tastes, some of the international touring acts included Unwritten Law, Sum 41, AFI, and Dashboard Confessional.

If you're the type who would probably receive a Degree with honours in procrastination (it's a 27 year course - full-time), there are also free movies, trivia nights, pool comps, bands and many other ways to distract you. Make sure you check out the Blitz What's On guide, or the web site, www.unswroundhouse.com, to keep up to date with the who, what, where and when.

Now if you're still reading, great, thanks very much, appreciate the support, but reading this is not getting you any closer to the Roundhouse, right? So get going already! Go and get educated!

The Roundhouse and the UNSW Union promote the responsible use of alcohol.

After being voted Australia's Number One DJ in the Technics Inthemix Top 50 for the past two years running, Kid Kenobi's status as Australia's greatest DJ is certainly beyond question. Jeff Forrest recently caught up with KK, who was taking some creative time-out before his O-Week gig and jamming with his regular collaborator, MC Shureshock.

Well, to start things off, how did winning the double crown of Australia's Number One DJ two years in a row feel?

Quite an honour, really. I certainly didn't start out DJing ever expecting to be voted number one in Australia, and even once I'd gotten it once, I never expected to get it twice. I've never played to try and get anything like that – I just go out and try and play a good show every gig.

You're pretty much the King of breakbeat in a city that is often called the 'breaks capital of the world'. Why do you think breaks have taken off so much in Sydney? I think a lot of it had to do with the attitude of the DJs and promoters when breaks were first starting out in Sydney. There was a general feeling that we wanted to try and create a scene where people felt welcome, and where there was an entry point. We never wanted people to feel that if they didn't know all of the tracks by name, they couldn't be a part of the scene. Plus, there's a lot of diversity in breaks.

You've been collaborating with MC Shureshock for a number of years now. How did that first come about? I was doing some gigs in Brisbane, which was the first city that I really felt comfortable in outside of Sydney. He was MCing at a night there, and I was impressed by how he was working the crowd. An album called The Stanton Sessions had just come out, and I liked the sound of an MC on that, so I asked him to appear on the first Ministry of Sound: Clubber's Guide to Breaks album. We toured together, promoting that, and it all worked well.

You don't always play with Shureshock – does having an MC at your side mean you play a different set? Musically it's pretty similar, but it can be great having someone who can work with the crowd. Especially when you're playing at events where there is a mixture of live and DJ acts, it adds an extra level of energy to the set.

Is it true that your mum still comes and watches you play?

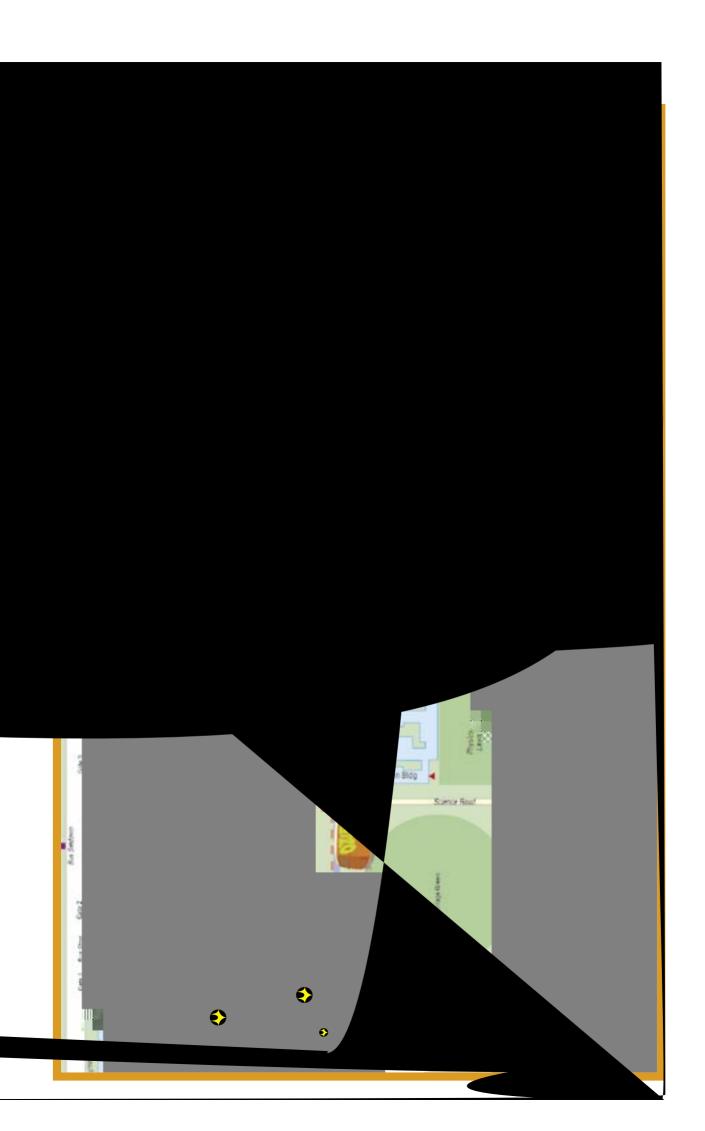
Yeah, Mum and Dad come along to a lot of the sets. Dad is a drummer from way back. He actually jumped up and played half the set with us at Summafieldaze on the Gold Coast last month, so we had a live percussionist playing along for about half an hour. It was great.

Do you have a favourite set you've played? Or a favourite event you've played at? The Aussie summer festivals are all amazing to play at. Gigs like Field Day and Summafieldaze. There's always so much excitement – everyone treats the events like something to get worked up about and there's more energy than anywhere else. Apart from that, playing at Fabric in London is awesome.

Have there been any tracks that really blew your mind when you first heard them? Tough question. There have been a lot of standout tracks along the way, but no single one. I guess some of the records I listened to when I was a kid did a lot to get me interested in music. Some of my Dad's stuff like Bob Marley, The Wizard of Oz Soundtrack and The Smurfs.

The theme for O-Week this year is 'Make Yourself at Home'. Where do you feel most at home? I'm touring so much that it's hard to think of anywhere that I really feel at home at the moment. I guess I feel most at home in a creative environment, somewhere that I have a space to work and an atmosphere that makes me want to innovate.

You can enjoy the breakbeat stylings of Kid Kenobi and MC Shureshock at the O-Week Housewarming Party on the Thursday night of O-Week. Doors at the Roundhouse open at 8pm and entry is free for UNSW Students.



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Truth: High

4. Uni students talk like wankers

Truth: Medium

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Advice from a grizzled university veteran & COLORED LA COLORED LA

The fact that you're reading this article right now probably means that you're enrolled at university. I respect that; it's that sort of courage our society needs. While your high school buddies walked outta there with an HSC in their hand and went to work full-time in a shoe shop for the rest of their lives, you had the raw determination to stick it out.

But if it's your first year in this break-neck, dog-eat-dog, cat-eat-cat, cat-eat-dog, no-second-chances academic jungle, you might not have known what you were getting yourself into when you signed your name on that dotted line. If you read my advice, and then you might just last five minutes before this place chews you up and spits you out. Who knows, you might even get out of this murder alive, if you're one of the lucky ones. So pay attention, see.

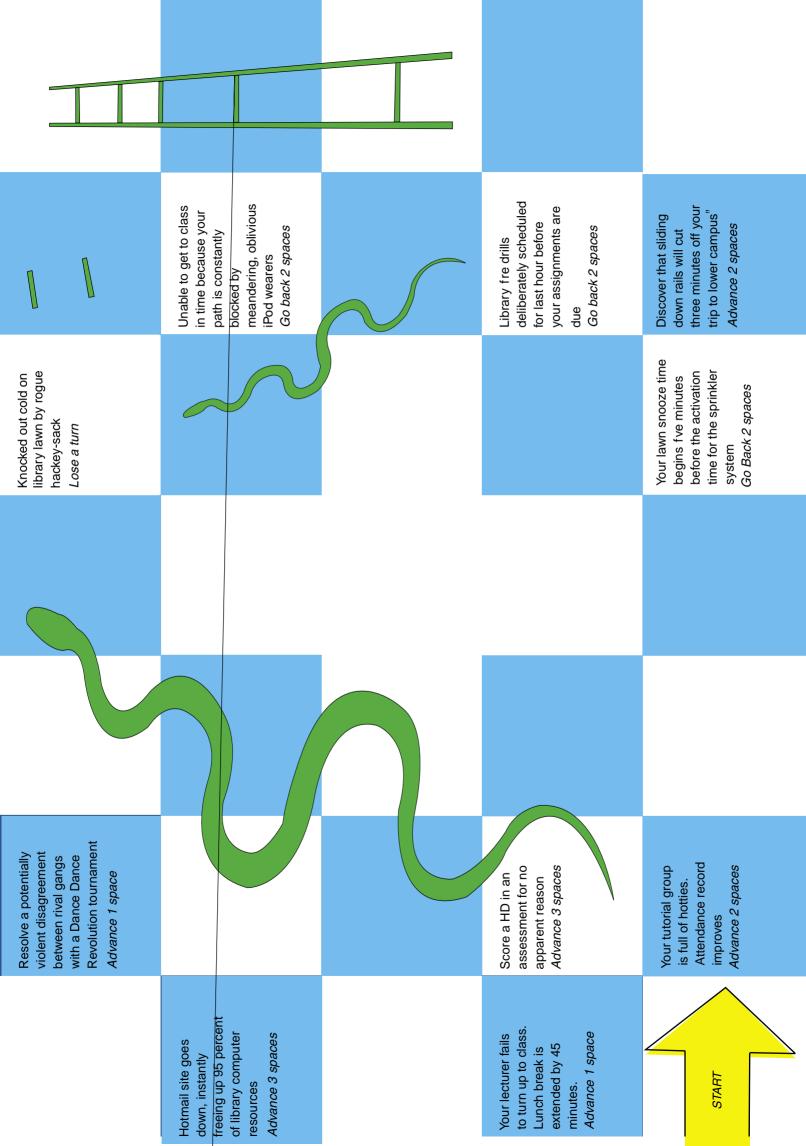
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Steps

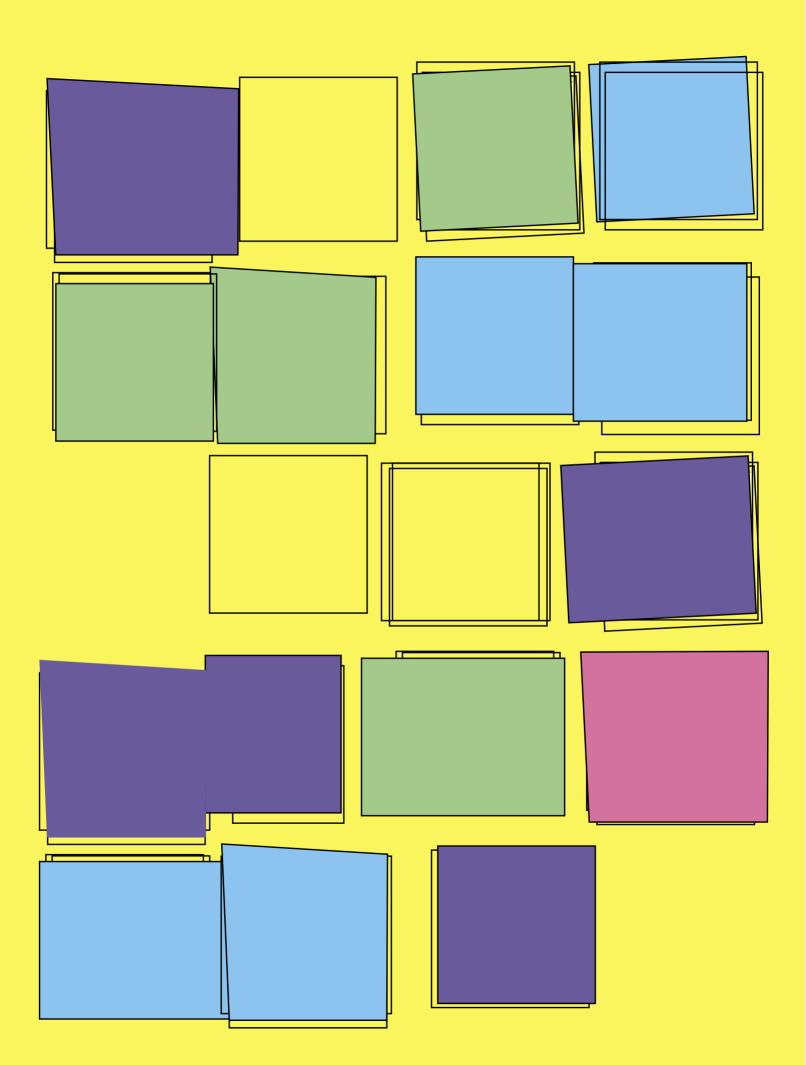
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