

RT



It happens in 0.7 seconds. It is the fourth Ashes Test, 2005. English fast bowler, Andy Flintoff steams in from his lengthy run-up and sets loose a wide, shortish delivery at over eighty miles an hour to the Australian batsman, Adam Gilchrist. Tempted, Gilchrist prods at the ball, only to give it a faint nick that sends it flying wide of Andrew Strauss in the slips region. What happens next sounds impossible: Strauss sees the ball, makes a decision and dives at full-stretch to his left, taking a brilliant mid-air, one-handed catch. Camera footage shows that the time between the ball hitting the bat and being caught was a touch over 0.7 seconds.

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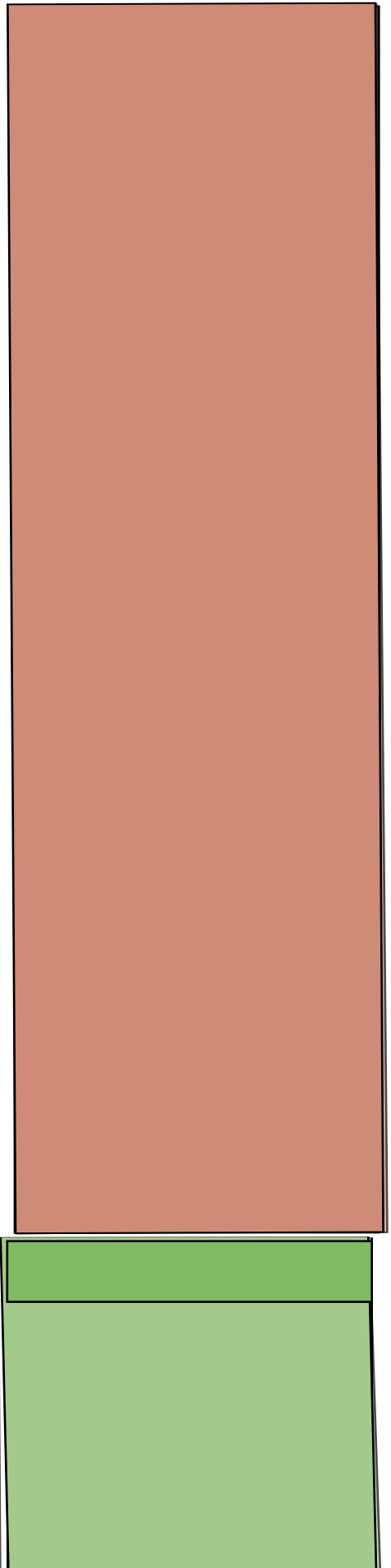
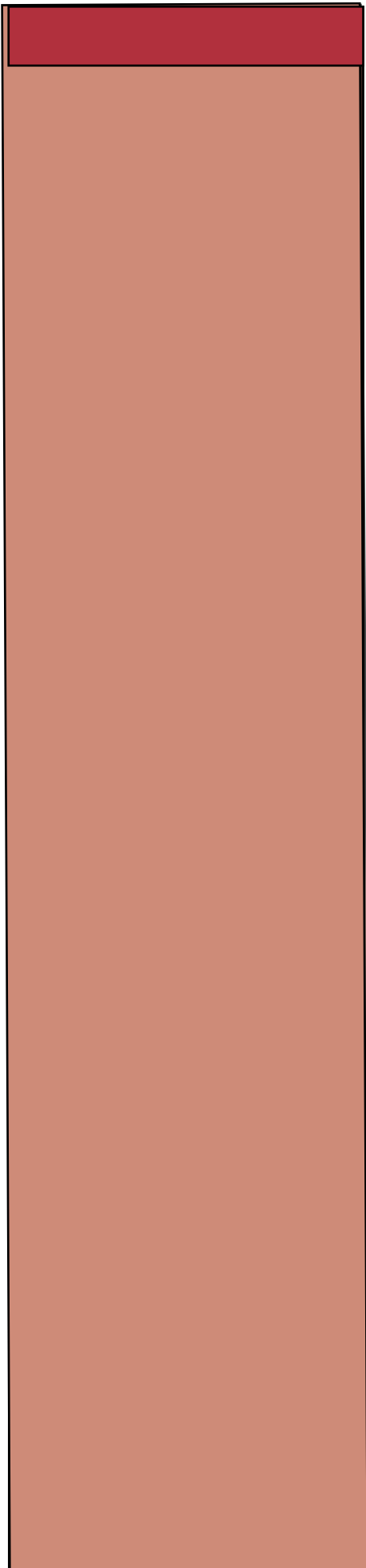
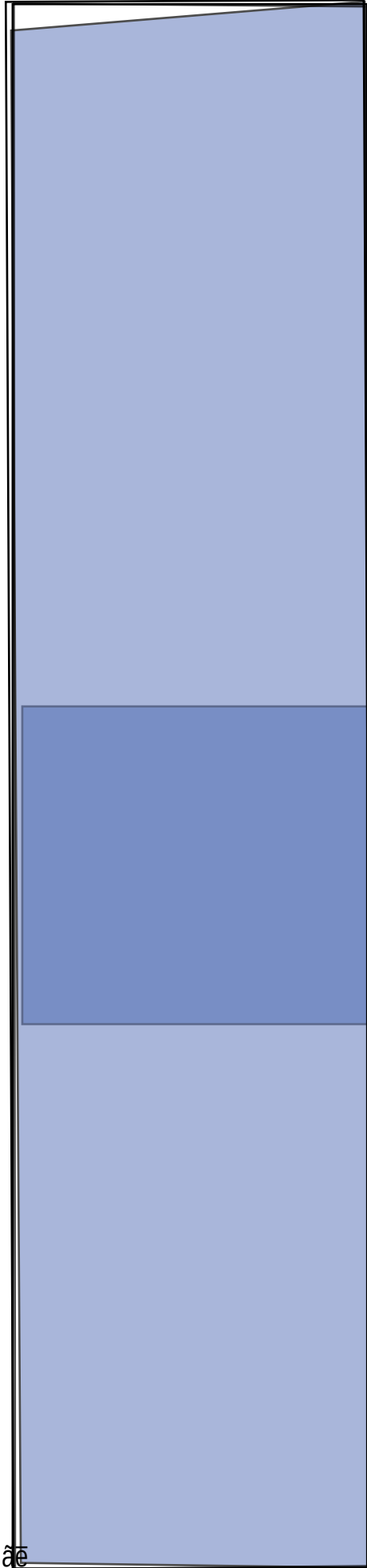


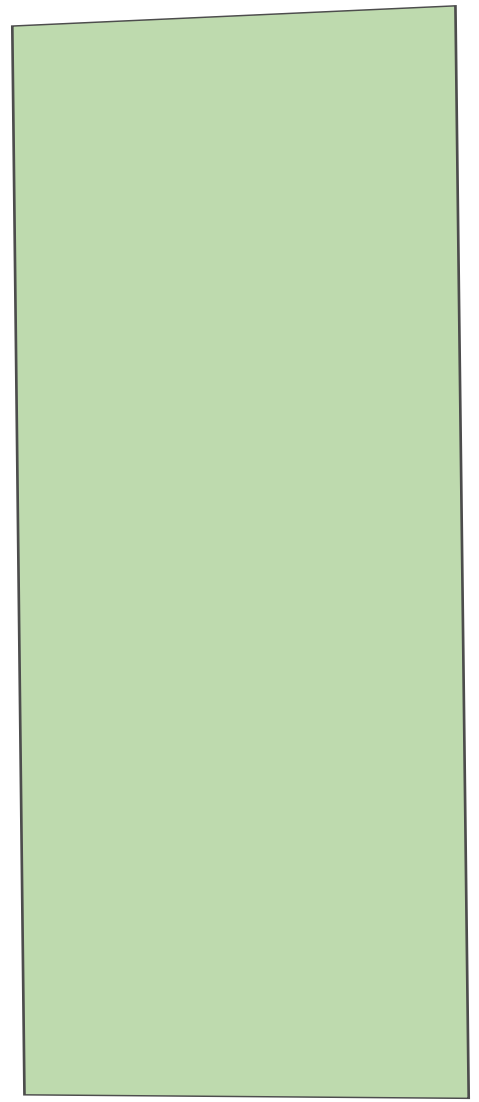


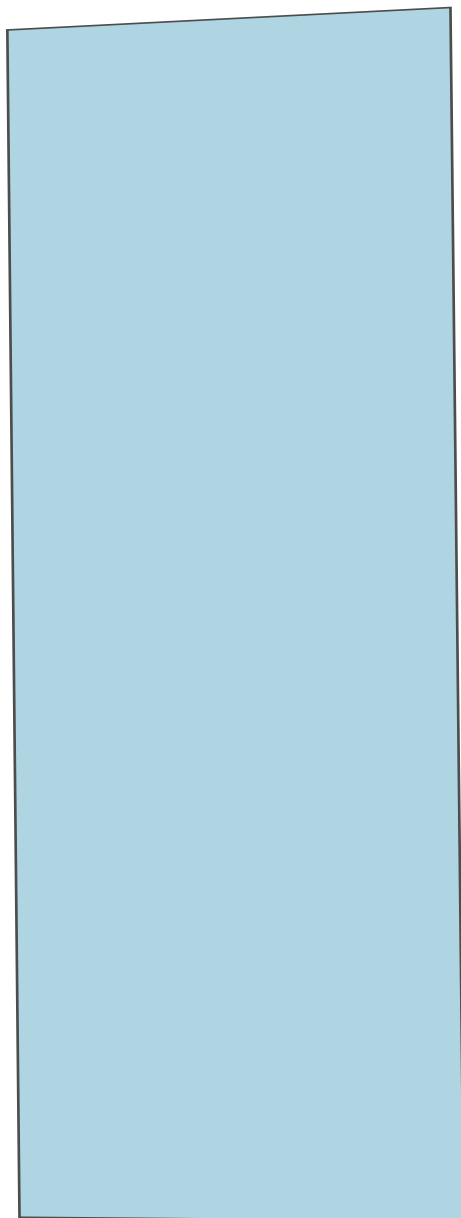
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MID-SESSION

It's Good To Be King: Remembering playground sports

Grandpa Blitz - the vexatious geriatric lurking inside Rob Gascoigne - wants to tell you all about the good ole days. A time when you didn't need your fancy schmancy portable Playstations or your hoity-toity iPods. No, back then kids entertained themselves as best they could. They had to be imaginative and actually interact with all the other kids around them. It was good clean fun. So why don't we play those games anymore?

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How to play...

Handball

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