April 2019

As the weather finally starts to cool off, it's time to get ready for the coming flu season - don't miss your chance to book yourself into the Staff Flu Clinic. It's also time to start limbering up for the Global Challenge! Registrations have opened and you have until the end of April to register your team. Don't miss the exciting update to the StaySafe@UNSW app, an important reminder about workplace bullying and a

Flu Season is Coming...

With the influenza season fast approaching, now is the time to think about the simple steps that you can take to keep yourself, your family and the broader UNSW community safe. Follow the tips below to reduce your risk of catching the flu this season:

Get a flu shot - see UNSW flu vaccination dates in the article below.

Sneeze into your elbow <u>Wash your hands</u> Stay at home if you are sick

For more information on influenza see the <u>NSW Health</u> and <u>Australian</u> <u>Government</u> websites.

UNSW Staff Flu Clinics 2019

Don't want to get sick? The most effective way to minimise the effects of influenza is via a comprehensive vaccination program.

WHEN: Tuesday 16 April - 23 May 9:15am - 1pm (excluding Anzac Day and Easter Break)

WHERE: Quadrangle Building Room G0033 (NOT in the Health Service but nearby)

Book an appointment online at UNSW Health Services.

Responsible Employee Training

SafeWork NSW recently highlighted a lack of training for UNSW staff regarding <u>bullying and harassment</u>, as well as lack of awareness of related policies and procedures.

UNSW's <u>Code of Conduct</u> sets out the University's expectations of staff and contractors with respect to their conduct. Training and other retaining and other retaining and other retaining and other sets included in the Responsible Employ6 297-3(e)-3 EM35.21 99 64d81.49 r297.05 220.8!

Workplace Bullying

All UNSW staff are expected to demonstrate UNSW's <u>Values in Action</u>. These values include treating others with respect and communicating with integrity and openness.

Workplace bullying is repeated and unreasonable behaviour directed towards a worker or group of workers. It creates a risk to health and safety.

It is a risk to health and safety because it may affect the mental and physical health of workers. Taking steps to prevent it occurring and responding quickly if it does is the best way to deal with workplace bullying.

Bullying can take different forms including psychological, physical or even indirect - for example deliberately excluding someone from work-related activities. It can be obvious and it can be subtle, which means it's not always easy to spot.

Some examples of workplace bullying include:

abusive or offensive language or comments aggressive and intimidating behaviour belittling or humiliating comments practical jokes or initiation unjustified criticism or complaints

For more information please click here.

w Facilities?

nths, many research groups will be moving into new, ch facilities in D26 Biological Sciences Building pus and E8 Science and Engineering Building

Thebridge.

Clear Out Your Old Household Chemicals

Did you know that some household waste cannot be disposed of in your regular bins? Items which contain potentially hazardous chemicals such as fluorescent lights, smoke detectors, paint, gas bottles, fire extinguishers and batteries and oils could cause harm to human health and the environment if not disposed of correctly. These items can be taken to your nearest <u>Community Recycling Centre</u> and dropped off for free. If you don't have a local Community Recycling Centre, you can take your items to a <u>Chemical CleanOut</u> event.

Friend Walk on StaySafe@UNSW App

Never walk home alone again!

Friend walk is a new feature available now on the <u>StaySafe@UNSW</u> app. It lets you send your location in real-time to a friend so they can keep an eye on you to make sure you make it safely to your destination. Your friend will receive a message with a link to a map with your location and you will be connected to them. When you reach your destination, you can disconnect and your friend will receive a message confirming that you have arrived at your destination. You or your friend can trigger a call to Emergency Services if necessary.

Download the <u>StaySafe@UNSW</u> app and start using Friend Walk today!

Lesson Learned

A shared lab in the Tyree building was evacuated after a loud 'popping' sound and appearance of discoloured fumes. A standard 5L plastic liquid waste bottle containing mixed waste (flammables/organics, metal salts and oxides, as well as acids) became pressurised, partially melted and failed due to a chemical reaction that appeared to have occurred inside it. Part of the green bund was found several feet away from the source. Lessons learned:

- 1. In a shared lab all work groups must work TOGETHER to
- develop a waste disposal system. Document and communicate it.Complete a safe work procedure.
- 3.