



Faculty of Science  
School of Psychology

PSYC1031  
Psychological Science of Resilience

Semester 2, 2014





Graduate Attribute 5: Communication and interpersonal skills in psychology Demonstrates pre-professional level communication skills.	Group work, oral and written communication tasks (Report, Group Presentation and Peer rating).
Graduate Attribute 6: Learning and the application of psychology Understands and applies psychological principles to personal, social, organisational, technological and global issues.	Most learning and teaching activities (most assessments).

#### 5. Rationale for the Inclusion of Content and Teaching Approach

The integrated acquisition of the graduate attributes, as partly indicated through assessment of the learning outcomes, comprises "psychological literacy". This is a beginning to that journey, with an emphasis on learning and applying psychological principles to "self-management" knowledge, skills and attitudes (KSAs) that should be useful in your university studies and beyond.

#### 6. Teaching Strategies

This course introduces you to the psychological science of resilience and related concepts such as student success and psychological well-being. This course involves flipped classroom (FC) delivery, where instead of attending two lectures, you are expected to undertake a minimum of 2 hrs work prior to each practical, where very experienced lecturer-tutors will engage interactively with you and the material.

##### Pre-Practical Activities and Practical Classes

Please see the Schedule below for more details. *In lieu of lectures, you are expected to undertake a minimum of 2 hours of preparatory work every week in advance of your scheduled practical.* You will find it difficult to engage successfully in the practical activities if you have not completed the preparatory work.

Practical Participation:

For every 6-credit-unit course, you are expected to spend an average of

## Additional Assessment Information

Instead of lectures, this course requires your *active preparation prior to your practical class*. This requirement comprises a significant proportion of your assessment weighting. The course is also designed so that it is not overly reliant on your performance in a final exam, but enables you to spread your workload throughout the semester, across both individual and group assessment tasks.

All assessment components must be completed in order to satisfy the requirements of this course. There are THREE categories of assessment in this course, as outlined below.

Assessment category	% marks	Week due
	45	
	20	
	35	
TOTAL 100		

Please see GA/SLO table regarding which Assessment items assess which GA/SLO.

NB Bonus marks will be offered at the discretion of the Course Co-ordinators, making it possible in theory to achieve a score in excess of 100%.

### Assessment details:

#### Practical Work (45%)

Instead of formal lectures, there are a number of tasks associated with the practical classes that you will need to complete in advance of, or during tutorial classes.

1) *Pre-practical Activities* (20%) – for most practicals, there will be a compulsory article to read prior to the practical class each week. Your understanding of that reading will usually be assessed by a pre-practical Moodle submission as well as by in-class discussions. You will also be asked to complete a number of short activities, which will need to be submitted on Moodle. These might include completing tasks on a website (eg, The Desk), collecting data (e.g., from yourself), or finding an online resource. Completion of these tasks will be marked each week, with a total calculated in Weeks 5 and 12, each worth 10%. Failure to submit 80% or more of the tasks by each deadline (Week 5 and 12) will result in a mark of 0.

#### 2) *Journals* (10%)

The written journal submissions are designed to help you reflect upon what you have learned in the practicals and assessment tasks. The emphasis is on application and integration, and requires you to take a metacognitive approach to your learning.

Journals should be submitted via Moodle, by 11pm on Sunday night of weeks 4, 8 & 12. Please keep a copy of your response in case there is an issue with your submission.

In Week 4 (referring to Weeks 1-4) and Week 8 (referring to Weeks 5-8) you should write 50-150 words in response to the following question:

In Week 12, you will write no more than 500 words in response to a series of questions that you will be given





How can the Learning Centre help me?

The Learning Centre assists students with understanding academic integrity and how to not plagiarise. Information is available on their website: [www.lc.unsw.edu.au/plagiarism](http://www.lc.unsw.edu.au/plagiarism). They also hold workshops and can help students one-on-one.

How can Elise help me?

ELISE (Enabling Library & Information Skills for Everyone) is an online tutorial to help you understand how to find and use information for your assignments or research. It will help you to search databases, identify good quality information and write assignments. It will also help you understand plagiarism and how to avoid it. All undergraduate students have to review the ELISE tutorial in their first semester and complete the quiz, but any student can review it to improve their knowledge: <http://elise.library.unsw.edu.au>.

What is Turnitin?

Turnitin is a checking database which reviews your work and compares it to an international collection of books, journals, Internet pages and other student's assignments. The database checks referencing and whether you have copied something from another student, resource, or off the Internet. Sometimes students submit their work into Turnitin when they hand it in, but academics can also use it to check a student's work when they are marking it. You can find out more about Turnitin here: <http://telt.unsw.edu.au/turnitin>.

What if plagiarism is found in my work?

## 11. Administrative Matters

The , is available at  
[http://www.psy.unsw.edu.au/sites/all/files/quicklink\\_file\\_attachment/Psychology\\_Student\\_Guide\\_2014.pdf](http://www.psy.unsw.edu.au/sites/all/files/quicklink_file_attachment/Psychology_Student_Guide_2014.pdf)